Information from the School Health Service

**To the parent/guardian**

According to the Education Act (skollagen 2010:800), the objective of the School Health Service is primarily preventative and health-promoting and supports pupils’ development towards achieving their educational goals. All pupils have access to a school nurse and a school doctor. School nurses work primarily with prevention and health promotion through health visits, health checks and vaccinations. In the case of school-related health problems, the school nurse will make an appointment with the school doctor.

**Health checks**

All children are offered health checks in reception class (förskoleklass), schoolyear 2, year 4, year 7 and in the first year in high School (Gymnasieskolan). During these visits, I meet your child and talk about their home- and learning environments and health and lifestyle.

In combination with the health check, the following examinations are offered:

* Height
* Weight
* Hearing (if needed)
* Sight (if needed)
* An examination of the child’s back from schoolyear 4 and if needed.

The form “Health information” is enclosed with this letter and I would like you to complete it with your child and return it in a sealed envelope addressed to me. Before the health visit, your child will also fill in a health questionnaire. The information provided forms the basis of the health talk and is handled in accordance with the confidentiality regulations for healthcare professionals.

According to the National Board of Health and Welfare's regulations and general advice (HSLF-FS 2016: 40), student health services can use text message (SMS) when contacting pupil / guardian for calls or reminders of visits after consent. Consent can be withdrawn through contact with the school nurse.

If you have any questions regarding the health of your child, please feel free to contact me. I can also help with simpler medical cases and if necessary, make referrals within the Health Care Service.

With regards

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| School nurse | Telephone number |
|  | |
| E-mail |  |
|  |  |
| School | Address |