# Information from the School Health Service

## To the parent/guardian

According to the Education Act (skollagen 2010:800), the objective of the School Health Service is primarily preventative and health-promoting and supports pupils’ development towards achieving their educational goals. All pupils have access to a school nurse and a school doctor. School nurses work primarily with prevention and health promotion through health visits, health checks and vaccinations. In the case of school-related health problems, the school nurse will make an appointment with the school doctor.

## Health checks

All children are offered health checks in reception class (förskoleklass), schoolyear 2, year 4, year 7 and in the first year in high School (Gymnasieskolan). During these visits, I meet your child and talk about their home- and learning environments and health and lifestyle.

In combination with the health check, the following examinations are offered:

* Height
* Weight
* Hearing (if needed)
* Sight (if needed)
* An examination of the child’s back from schoolyear 4 and if needed.

Your child’s appointment for the health check is on     .

After the visit, a written copy of the results from this check will be sent home to you.

The form “health details” is enclosed with this letter and I would like you to complete it with your child and return it in a sealed envelope addressed to me. Before the health visit, your child will also fill in a health questionnaire. The information provided forms the basis of the health talk and is handled in accordance with the confidentiality regulations for healthcare professionals.

## Vaccination

Schools offer vaccinations as part of the Swedish child immunisation programme; you can read more about the immunisation programme at [www.folkhalsomyndigheten.se](http://www.folkhalsomyndigheten.se).

If you have any questions regarding the health of your child, please feel free to contact me. I can also help with simpler medical cases and if necessary, make referrals within the Health Care Service.

## With regards

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| School nurse | Telephone number |
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| E-mail |
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| School | Address |
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